



Aboriginal Men's help card information & services



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The services listed are for all Aboriginal and Torres Strait Islander men and their children

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Email feedback to: chs@darebin.vic.gov.au
Designed by Yarra City Council.

1. Family Violence Services

If you or others are in danger call the Police **000**.

The Men's Referral Service helps men to make things better for themselves and their family.

You can call the Men's Referral Service for help. You do not have to give your name and your information will be kept confidential.

Men's Referral Service 9428 2899
9.00am–9.00pm Monday–Friday

This service is provided by men for men to help stop violence in the home.

2. What is Family Violence?

It is against Aboriginal Lore and Australian Law to hurt any member of your family. It is disrespectful towards our ancestors, spiritual beliefs and especially damaging to victims of these crimes. Family violence includes:

- any type of physical violence
- forcing someone to do sexual things, even if you are married
- verbal violence and intimidation
- standing over someone for money
- isolating someone from family and community
- children witnessing this abuse

When family violence happens Police can issue a Safety Notice to remove a violent person from the home for up to 72 hours.

3. Family Violence Hurts Kids Too

It is a crime for children to be hit or see or hear violence.

Children and young people are scared by family violence. Children have the right to feel safe and not live in fear. Exposure to violence can cause long term harm to children.

If you do not feel safe call a trusted family member or friend.

In an emergency call the Police **000**.

Victorian Aboriginal Child Care Agency (VACCA) 8388 1855
9am–5pm Monday–Friday

Kids Help Line 1800 551 800
Parentline 132 289

Online information for young people
www.burstingthebubble.com

4. What Can I Do?

Family violence is not in our culture.

In your family do you:

- use physical violence?
- get angry and hurt members of your family?
- force someone to do sexual things?
- control their contact outside the family?
- know the effect these behaviours have on your children?

Support is available by calling the **Men's Referral Service 9428 2899** 9am–9pm Monday–Friday. This service is provided by men for men to help stop violence in the home.

5. Additional Services

Victorian Aboriginal Legal Service 9419 3888 / 1800 064 865
24 hr service

Aboriginal Family Violence Prevention & Legal Service 9244 3333 / 1800 105 303

Victorian Legal Aid 9269 0120 / 1800 677 402

Victorian Aboriginal Community Services Association Ltd. 9416 4266

Victorian Aboriginal Health Service 9419 3000

Aborigines Advancement League 9480 6377

Dardi Munwurro Indigenous Men's Group 9481 3944

6. Additional Services

Aboriginal Housing Victoria 9482 4585

Child Protection 1300 369 536
After Hours **131 278**

Family Relationship Advice Line 1800 050 321

Relationships Australia 9431 7777
Directline 1800 888 236

24 hour drug counselling
Centrelink Indigenous Call Centre 136 380

Melbourne Youth Support Service 9614 3688 / 1800 800 531

Victims of Crime Helpline 1800 819 817

National Relay Service (TTY) 133 677

7. Information Online

- www.ntv.org.au
- www.familyviolence.vic.gov.au
- www.vaahs.org.au
- www.fvpls.org
- www.vals.org.au
- www.vacsal.org.au
- www.vacca.org
- www.legalaid.vic.gov.au
- www.dvrcv.org.au

