



Aboriginal Women's help card information & services



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The services listed are for all Aboriginal and Torres Strait Islander women and their children.

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Email feedback to: info@whin.org.au
Designed by Yarra City Council

1. Family Violence Services

If you are in danger call the Police on **000**.

Help for women and their children who are experiencing family violence:

Women's Domestic Violence Crisis Service **1800 015 188 / 9322 3555** 24 hour help

Berry Street

Northern Region Family Violence Service **9450 4700**
9am to 5pm Monday–Friday

Victorian Aboriginal Child Care Agency (VACCA) **8388 1855**
9am–5pm Monday–Friday

You have the right to feel safe and not live in fear.

2. What is Family Violence?

It is against Aboriginal Lore and Australian Law to be hurt by any member of your family. Family violence is not part of our culture and should not be tolerated. Family violence includes:

- any type of physical violence
- forcing you to do sexual things, even if you are married
- verbal violence and intimidation
- preventing you from having access to money
- isolating you from family and community
- children witnessing this abuse

When family violence happens Police can issue a Safety Notice to remove a violent person from the home for up to 72 hours.

3. Family Violence Hurts Kids Too

It is a crime for children to be hit or see or hear violence in the home. Children and young people are scared by family violence. Children have the right to feel safe and not live in fear. Exposure to violence can cause long term harm to children. If you do not feel safe call a trusted family member or friend. In an emergency call the Police **000**.

Parentline **132 289**

Kids Help Line **1800 551 800**

Online information for young people
www.burstingthebubble.com

4. When its Time to Leave

Never believe the violence is your fault. Whether or not you are in a crisis situation, if you need to leave it can be helpful to have these things with you: • some money • identification • medications

To assist you with leaving call:

Women's Domestic Violence Crisis Service **1800 015 188 / 9322 3555** 24 hour help

Berry Street

Northern Region Family Violence Service **9450 4700**
9am to 5pm Monday–Friday

5. Additional Services

Aboriginal Family Violence Prevention & Legal Service **9244 3333 / 1800 105 303**

Elizabeth Hoffman House
Aboriginal Women's Services **9482 5744**

Victorian Aboriginal Legal Service **9419 3888 / 1800 064 865**
24 hour service

Victorian Legal Aid **9269 0120 / 1800 677 402**

Victorian Aboriginal Community Services Association Ltd. **9416 4266**

Margaret Tucker Hostel **9482 1161**

Victorian Aboriginal Health Service **9419 3000**

Aborigines Advancement League **9480 6377**

6. Additional Services

Aboriginal Housing Victoria **9482 4585**

Centre Against Sexual Assault **1800 806 292** 24 hour help

Sexual Assault and Child Abuse Police Response **000**

Child Protection **1300 369 536**
After Hours **131 278**

Family Relationship Advice Line **1800 050 321**

Relationships Australia **9431 7777**

Directline **1800 888 236**

24 hour drug counselling
Centrelink Indigenous Call Centre **136 380**

Melbourne Youth Support Service **9614 3688 / 1800 800 531**

7. Additional Services

Victims of Crime Helpline **1800 819 817**

National Relay Service (TTY) **133 677**

Information Online:

www.wdvcs.org.au

www.familyviolence.vic.gov.au

www.fvpls.org

www.vals.org.au

www.legalaid.vic.gov.au

www.vahs.org.au

www.ehhaws.org.au

www.vacsal.org.au

www.vacca.org

www.dvrcv.org.au

