

Men's quick reference guide

Support, information and referral services for men who want to change their violent behaviour, or are experiencing family violence.

Services Available

Men's Referral Service (Mon–Fri 9am–9pm) 9428 2899 / 1800 065 973

Relationships Australia 9431 7777

Family Relationship Advice Line 1800 050 321

Victoria Legal Aid 9269 0120 / 1800 677 402

Court Support Network 9603 7433 or 1800 681 614

Telephone Interpreting Service (24 hours) 131 450

Victorian Aboriginal Legal Service 9419 3888 or 1800 064 865

Aboriginal Family Violence Prevention and Legal Service (Vic) 9244 3333 / 1800 105 303

Lifeline (24 hours) 13 11 14

Directline (24 hour drug counselling) 1800 888 236

Parentline 132 289

Centrelink Access Line 13 17 94

Child Protection 1300 369 536 or 131 278 (after hours)

Melbourne Youth Support 9614 3688 or 1800 800 531

Kids Help Line 1800 551 800

Whittlesea Services

**Behaviour Change Program
Plenty Valley Community Health
9409 8787**

**Men and Relationships Service
(CPS) 9450 0900**

**Community Legal Service
Epping 9401 6655**

**Magistrate's Court
Heidelberg 8458 2000**

**Housing Help (North East Housing)
Preston 9479 0700**

**Community Health
Epping 9409 8787
Whittlesea 9716 9444**

**Child FIRST (Family Services)
9450 0955**

**Police Stations (24 hours)
Epping 9409 8100
Mill Park 9407 3333**

For more info: www.mrs.org.au
www.ntv.org.au
www.familyviolence.vic.gov.au
www.legalaid.vic.gov.au

